

Getting ready to leave our care

Helping you plan your next steps



stcolumbashospice.org.uk



Getting ready to be discharged from our care

When you're admitted to St Columba's Hospice Care, our team will start by getting to know you and how best to manage your symptoms. Your multidisciplinary team might include medical staff, nursing staff, pharmacy staff, physiotherapists, occupational therapists, social workers, counsellors and chaplains.

When your condition has stabilised and you can be supported safely elsewhere, you no longer need our inpatient palliative care. This means we will make plans to support you to move back home or to an alternative place of care.

SUPPORTING YOU AT EVERY STEP

We know that it might be worrying to think about leaving the Hospice. But we have put a process in place to make sure you are fully involved in every decision about your care and support. This helps us to ensure your discharge home or to an alternative place of care is appropriate and supported.

DISCHARGE PLANNING MEETING

When you're ready to be discharged, we'll arrange a planning meeting. You and any other people you wish to be involved will attend. This could be someone from your family or others who support you. There will also be the relevant members of the multidisciplinary team and, depending on your circumstances, other professionals of your health and social care teams.

At this meeting, everyone involved will have the opportunity to ask questions, discuss any concerns and contribute to the discharge plan. The purpose of this meeting is to make sure there is a clear plan and everything is put in place to support your move back home or to an alternative place of care.

It's worth remembering that these plans can be reviewed if your condition or circumstances change at any time during the process or following your move.

Your discharge plan:

IF YOU CAN'T GO HOME

If going home isn't the best solution for you, but you no longer require a hospice in-patient bed, then Hospital Based Clinical Complex Care (HBCCC) or a care home may be an appropriate option.

A referral to HBCCC is undertaken by medical staff and then considered by the consultant responsible. This is an NHS facility which provides care for patients with complex needs who cannot be cared for in any other setting. We will provide you with a leaflet that explains fully what the HBCCC facilities are, and we'll continue to support you with this.

If the best option is being supported in a care home, this assessment would be taken forward by the social worker. The social worker will provide information on options, funding and provide support with this process.

We want to make sure you feel supported and involved in all aspects of planning your discharge from St Columba's Hospice Care. If you have any concerns and would like to discuss them with senior staff then please ask to speak with the In-patient Unit Lead.

Notes from discharge planning meeting

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We welcome your comments on this leaflet and the services we provide. You'll find our feedback portal in reception and you can comment via our website.

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